

# SYLFIRM X<sup>®</sup>



## **Device Preparation**





#### **Cable Connection**

A. Make sure the power cable, hand-piece cable and foot switch cable are securely connected to the back of the device.



#### **Power Button**

- B. Press "I" to turn on the main power switch on the back of the device.
- C. Press the power button on the top left of the device.

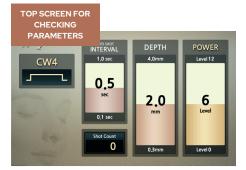


#### **Foot Switch**

D. Place the foot switch near where the practitioner will sit.

## **User Interface**

NAME FUNCTION RANGE 1. INTERVAL Time interval between shots 0.1-1.0 sec 2. DEPTH Needle depth 0.3-4.0 mm 3. POWER **RF** energy level 0-12 To set single or continuous shot irradiation. Pressing 4. SINGLE / AUTO down the foot switch fires only one shot in single state and continuous shots at set intervals in auto state. 5. STANDBY/ READY To start the operation 6. SHOT COUNT/ To check/reset the number shots used RESET



Monitor for checking parameters 🦯



Monitor for adjusting parameters 🦯

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### Modes

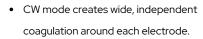


Pulsed Wave Mode Skin Complexion<sup>1</sup>

- World's first Pulsed Wave RF microneedling mode.
- PW mode creates selective coagulation on the basement membrane and vessels located within the epidermal junction and upper dermis, with no noticeable effect on the surrounding tissue.
- Provides more stable radio frequency energy.



**Continuous Wave Mode** Skin Revitalization<sup>2</sup>



- The coagulation area continues from deeper dermis to upper dermis with one penetration.
- Promising optimal skin revitalization, for a firmer, more youthful looking appearance.
- Provides more stable radio frequency energy.

## **300 MICRON**

300 Micron Depth is the only treatment that is capable of treating three layers at the same time: Epidermis, Basement membrane, Papillary dermis.

#### ECM (Extracellular Matrix)

- Provides a physical environment for cells to grow.
- Takes a role of connecting cells.
- The role of sorting and supplying the necessary biochemical factors.
- Composition: collagen, elastin, structural proteins, GAG (glycosaminoglycan), growth factors.

#### BM (Basement Membrane)

- ECM's composition.
- Collagen Type IV is located on lamina densa of the Basement Membrane.
- Support of epidermal stem cells.
- Connection of epidermis to dermis.

- <sup>1</sup> Skin complexion treatment targets the basement membrane and vessels to create a visibly more youthful, even toned and textured complexion.
- <sup>2</sup> Skin revitalization treatment targets dermal layers of the skin to increase collagen and elastin fiber through hemostasis and electrocoagulation.

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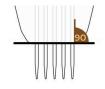
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## **General Techniques**



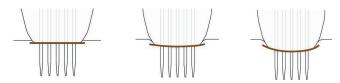
#### Angle of the Needle Tip

Maintain the needle tip of the handpiece perpendicular to the skin, and then irradiate RF energy by pressing the footswitch. This ensures that the energy is delivered accurately to the target location. Make sure the needle tip is completely in contact with the skin.



#### Pressure

Vary the pressure of pressing the needle tip of the handpiece against the skin in accordance with the thickness or firmness of the skin. Gently press on thinner skin areas, like the upper eyes or upper lips, firmly press in general areas, and forcefully press on fleshy areas, such as the cheeks.



#### **Handpiece Movement**

- Do not move or pull the handpiece from the skin during RF energy irradiation as indicated by red light at the needle tip connected to the handpiece.
- Keep the set interval in mind and move the handpiece to the next treatment area after the red light goes out.





## **Test Shot**



- Even if the same parameters are applied to patients with the same lesion and skin type, each patient may respond differently.
- Before starting the procedure, test shots should be taken to confirm and set the appropriate parameters for each patient.

#### A. Set conservative parameters.

- B. Take a few test shots (NO double or multiple shots in one spot) in an inconspicuous area.
- C. Observe the endpoints appearing a few minutes after RF irradiation. In most cases, the appropriate endpoint is mild to moderate erythema.
- D. If the skin reaction is excessive, such as dark redness or/and excessive swelling, reduce the power by 1-2 levels or change the mode.
- **E**. If skin reaction is insufficient, increase the power by 1-2 levels or change the mode.
- F. If the patient complains of pain, decrease the depth in 0.2 mm increments.



## **8 Modes and Main Applications**



#### **Continuous Wave**

Mainly for Skin Rejuvenation & Scar Treatment

**Pulsed Wave** 

Mainly for Pigmented & Vascular Lesions

Mode	Pulse Duration	Main Applications	Mode	Pulse Duration	Main Applications
CW1	120 msec	Scalp	PW1	30 msec	Melasma, Diffuse Redness (sensitive)
CW2	160 msec	Face	PW2	40 msec	Melasma, Diffuse Redness
CW3	200 msec	Body, Scar	Р <b>W</b> 3	50 msec	Telangiectasia
CW4	300 msec	Body, Scar	PW4	60 msec	Acne Vulgaris

## **Needle Tip Guide**

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#### **Before use**



Remove the sterile packaging prior to the procedure.



**Caution**: Do not open the tip cap immediately after opening the tip.



Align the line of the tip with the L-shaped line of the handpiece and connect while pressing.

Turn it counterclockwise to align

the tip line with the L-shaped

line on the handpiece.



Turn clockwise to secure the tip.



Remove the tip from the handpiece.

#### After Use





**Caution**: Do not remove the tip without the cap after the procedure.

#### Precautions

Keep the tip cap closed at all times except during treatment.



When connecting and removing the tip with the cap removed,



Close the tip cap.



The needle protrudes out of the tip.



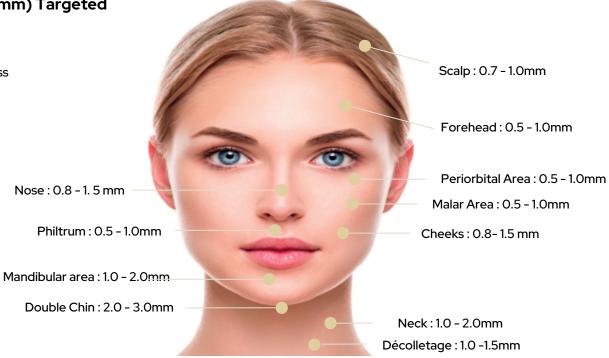
After the tip is connected to the handpiece, the protruding needle cannot be inserted back into the tip until the tip is removed.

## **Treatment Site & Needle Depth**



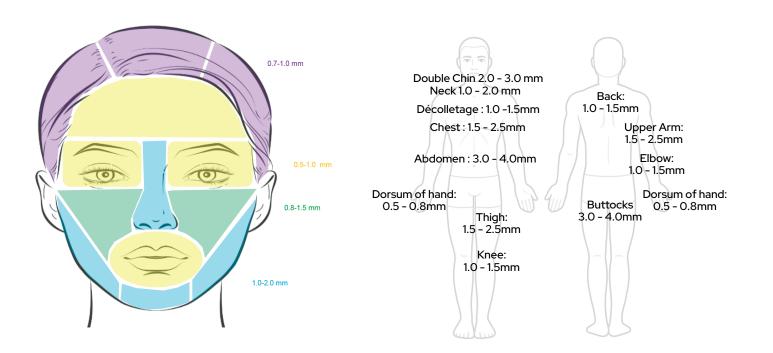
#### 300µm (0.3mm) Targeted Treatment

- Melasma
- Diffuse redness



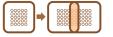
## Different Depths Depending on the Treatment Area





#### **STANDARD TIP**

5x5 (25) pins, 2mm intervals



Features: A high performance tip designed for larger treatment areas and more efficiency. Remarks : 20-30% overlap.

## Parameter



5x5 (25) pins, 2mm intervals



Features: A high performance tip designed for narrower treatment areas and more efficiency. Remarks : No overlap.

Indication		Mode	Depth (mm)	FST I-II	FST III-IV	FST V-VI	Technique	Pass	Endpoint
				Power			-		
	Basic	PW2	0.3	4-6	4-5	3-5		2	Mild Erythema
Melasma	With Tolongiastosia	PW2	1) 0.3	4-6	4-5	3-5	Stamping	1(Pigment)	Mild En thoma
	With Telangiectasia	PW2	2) 0.8-1.5	4-6	4-5	3-5		1(Vessel)	Mild Erythema
PIH	-	PW2	Face: 0.8-1.5 Body: 1.0-2.0	4-6	4-5	3-5	Stamping	1-2	Mild to moderate Erythema
	Basic	PW2	0.3	4-5	4-6	3-5		2	Moderate Erythema
Diffuse Redness		PW2	1) 0.3	4-5	4-6	3-5	Stamping	1(Redness)	Moderate Erythema
		PW2	2) 0.8-1.5	4-5	4-6	3-5		1(Vessel)	moderate Liytilenia
	Erythematous	PW2	0.3	4-5	4-6	3-5		1-2	Moderate Erythema
Rosacea	Telangiectactic	PW3	0.8-1.5	4-6	4-6	3-5	Stamping	1-2	Moderate Erythema
	Papulopustualr	PW4	0.8-1.5	4-6	4-6	3-5		1-2	Moderate Erythema

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Indication		Mode	Depth (mm)	FST I-II	FST III-IV	FST V-VI	Technique	Pass	Endpoint
				Power					
Facial Scar	Old, White	CW3	Shallow: 0.8-1.5 Deep: 1.0-2.0	5-6	4-6	4-5	Stamping	1-2	Moderate Erythema, Pinpoint Bleeding
Facial Scal	Early, Red, Pigmented	PW2	Shallow: 0.8-1.5 Deep: 1.0-2.0	5-6	4-6	4-5	Stamping	1-2	Moderate Erythema, Pinpoint Bleeding
	Old, White	CW3-4	1.5-4.0	5-6	4-6	4-5	Stamping	2-3	Moderate Erythema, Pinpoint Bleeding
Body Scar, Stretch Mark	Early, Red, Pigmented	PW2-3	1.5-4.0	5-6	4-6	4-5		2-3	Moderate Erythema, Pinpoint Bleeding
	Inflammatory (papules, pustules)	PW4	1.2-1.8	4-6	4-6	4-5	Stamping -	1-2	Moderate Erythema
Acne Vulgaris	Non-Inflammatory (comedones)	CW3	1.2-1.8	4-6	4-6	4-5		1-2	Moderate Erythema
	Fine Wrinkles	CW3	0.5-1.0	4-6	4-5	3-5	Pullina	1-2	Moderate Erythema, Mild Edema
Wrinkles	Deep Wrinkles	CW3	1.0-2.5	5-6	4-6	4-5		1-2	Moderate Erythema, Pinpoint Bleeding
Pore	Enlarged Pores	CW3	0.8-1.5	4-6	4-6	4-5	Stamping	1-2	Moderate Erythema
	Blackheads	PW4	0.8-1.5	4-6	4-6	4-5		1-2	Moderate Erythema, Sebum Like Sweat

Indication		Mode	Depth (mm)	FST I-II	FST III-IV	FST V-VI	Technique	Pass	Endpoint
				Power					
Skin Texture and Tone	Full Face	PW2	0.3-0.5	4-6	4-5	3-5	Stamping	1-2	Moderate Erythema
Facial	Lower Face	CW3	1.0-2.0	5-6	4-6	4-5		1-2	Moderate Erythema, or/and Immediate Improvement
Tightening& Lifting	Mid-Face	CW3	0.8-1.5	5-6	4-6	4-5	Pulling	1-2	
	Upper Face	CW2-3	0.5-1.0	4-6	4-5	3-5		1-2	
Scalp Tightening	Temporalis	CW1	0.7-1.2	7-8	7-8	6-8		1-2	Mild to Moderate Erythema, or/and Immediate Improvement
& Lifting	Frontalis	CW1	0.7-1.2	7-8	7-8	6-8	Pulling	1-2	
Neck Tightening Lifting	-	CW3	1.0-2.0	5-6	4-6	4-5	Pulling	1-2	Mild to Moderate Erythema, or/and Immediate Improvement

Indication		Mode	Depth (mm)	FST I-II	FST III-IV	FST V-VI	Technique	Pass	Endpoint
				Power					
	Eye Bags	CW4	1.0-2.0	5-6	4-6	4-5		1-2	
	Double Chin	CW4	2.0-3.0	5-6	4-6	4-5		2-3	Moderate Erythema, or/and Immediate Improvement
Body Contouring	Décolletage	CW3-4	1.0-1.5	4-6	4-6	3-5	Pulling	1-2	
g	Elbow, Knee	CW3-4	1.0-1.5	4-6	4-6	3-5		1-2	
	Abdomen, Buttocks	CW4	3.0-4.0	5-6	4-6	4-5		2-3	
	Lower Eyelids	CW3	0.5-1.0	4-6	4-5	3-5		1-2	
Eye Wrinkles	Upper Eyelids	CW3	0.5-1.0	4-6	4-5	3-5	Pulling	1-2	Moderate Erythema, Mild Edema
	Crow's Feet	CW3	0.8-1.2	4-6	4-5	3-5		1-2	



In	dication	Mode	Depth (mm)	FST I-II	FST III-IV	FST V-VI	Technique	Technique	Pass	Endpoint
				Power			-		-	
Eyebrow	1) Lower Eyebrow	CW3	0.5-1.0	4-6	4-5	3-5	Pulling	1-2	Moderate Erythema, or/and Immediate Improvement	
Lifting	2) Upper Eyebrow	CW3	0.5-1.0	4-6	4-5	3-5		1-2		
Eye Bags	-	CW4	1.2-2.0	5-6	4-6	4-5	Stamping	1-2	Moderate Erythema, or/and Immediate Improvement	
Dark Circles	-	PW2	0.8-1.5	4-6	4-5	3-5	Stamping	1-2	Mild to moderate Erythema	

• The above parameters are widely used, but they should not be applied equally to all patients.

- Adjust the needle depth considering the thickness of the skin and the degree of lesion (except for melasma and diffuse redness treatment), and the power according to the skin reaction.
- For Melasma or diffuse redness, more than 3-5 treatments are required every 2-4 weeks. \*Take longer time intervals if the skin condition is poor or skin recovery is slow.
- For other indications, 3-5 treatments are recommended every 4-6 weeks.

## **Treatment Vector** Pulling Technique

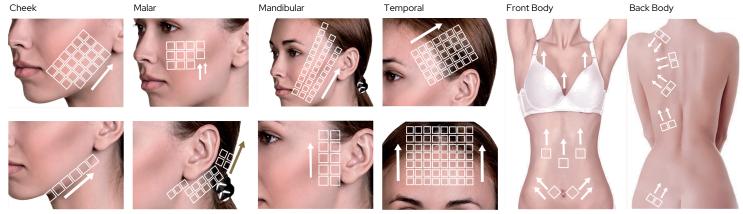




- This technique is to further maximize the therapeutic effect of skin rejuvenation, tightening and lifting procedures.
- With one hand, pull the the saggy skin upwards or/and outwards and then anchor it.
- Hold the handpiece with the other hand and press the foot switch to irradiate the RF energy along the vector (space indicating magnitude and direction in which the skin is pulled).
- Carefully cover the treatment area while paying attention to the set interval and overlap.
- For eye safety, the lower eyelids are treated by pulling the skin down.

## Treatment Vector Pulling Technique





Submandibular

Posterior auricular

Preauricular

Frontal

- This technique is to further maximize the therapeutic effect of skin rejuvenation, tightening and lifting procedures.
- With one hand, pull the the saggy skin upwards or/and outwards and then anchor it.
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- Carefully cover the treatment area while paying attention to the set interval and overlap.
- For eye safety, the lower eyelids are treated by pulling the skin down.

## Treatment Vector Stamping Technique





Mandibular

Philtrum

Nose

- This technique is a general technique used for all the procedures except skin rejuvenation, tightening, and lifting.
- Make sure that the needle tip of the handpiece is in full contact with the skin and is perpendicular to the skin.
- And then press the foot switch to irradiate RF energy.
- Carefully cover the treatment area while paying attention to the set interval and overlap.